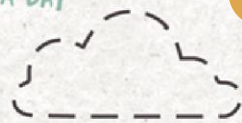


MEAT FREE MEAT FREE - MEAT FREE MONDAY

5 A DAY 5 A DAY - 1 OF YOUR 5 A DAY

- CHEF'S CHOICE



BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Cheese & Leek Quiche	*Wrap Bar	Meat Lasagne Served with Garlic Bread	Chefs Fish of the Day Served with Chips	Chef's Selection of snack meals
Vegetarian Main Dish	Creamy Italian Pasta Bake Served with Garlic Bread	*Choose from a selection of Meat & Vegetable fillings to create your own wrap	Vegetable Quesadilla	Piri Piri Quorn Noodle Pot	As Above
Accompaniments 	New Potatoes Corn on the Cob Coleslaw Chopped Salad	Potato Wedges Coleslaw Chopped Salad Salsa & Sour cream	Herby Potatoes Carrots and Broccoli Coleslaw Chopped Salad	Chips Baked Beans	As Above
Street Food	Pizza Slice Or Cheese & Bean Panini	Sweet & Sour Vegetable Stir-fry with Fried Rice	Pizza Slice Or Chicken Panini	Pizza Slice Or Spicy Beef Panini	As Above
Jacket Potato Bar	Selection of Delicious Fillings Available Daily	Selection of Delicious Fillings Available Daily	Selection of Delicious Fillings Available Daily	Selection of Delicious Fillings Available Daily	Selection of Delicious Fillings Available Daily
Dessert	Chocolate Marble Sponge Served with Custard	Ginger Cake Served with Custard	Eton Mess	Rice Pudding with Jam, Raisins or Peaches	Selection of Bakery All week



MENU